

Bailey Sims, LMHCA, RYT
Mind Body Nature Counseling
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765-387-7148

Curriculum Vitae

EDUCATION

Christian Theological Seminary, Indianapolis, IN **2019-2022**
Master of Arts in Clinical Mental Health Counseling
Summa Cum Laude

Ball State University, Muncie, IN **2011-2014**
Bachelor of Arts in Integrated Studies: Cross-Cultural Community Development
Minor(s): Sustainability, Spanish, International Resource Management

ADDITIONAL TRAINING & CERTIFICATIONS

Registered Yoga Teacher (200 hour) **2020-present**
Accredited through Yoga Alliance

Nature-Based Interventions in Psychotherapy Training **2021**
Somatic Wilderness Training Institute, Boulder, CO
Katie Asmus, LMHC

CLINICAL AND RESEARCH INTERESTS

Nature-based interventions
Mindfulness-based therapy
Psychodynamic psychotherapy
Somatization of Mental Health Disorders
Areas of interest: Neurodivergence, chronic pain/illness, anxiety, depression, trauma, relationship concerns, identity formation, attachment,

CLINICAL EXPERIENCE

The Counseling Center at Christian Theological Seminary **2020-2024**
Student and resident therapist working under supervision toward full licensure.

- Practicum Student (2020)
- Internship (2021)
- Advanced internship (2022)
- Residency (2022-2024)

Continuum Mental Health and Wellness **2022-2024**
Resident therapist working under supervision.

ACADEMIC ASSOCIATIONS

American Counseling Association (ACA)

Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (S.A.I.G.E.)

Indiana Counseling Association (ICA)

Indiana School for Psychoanalytic Thought (ISPT)

CONTINUING EDUCATION

Kentucky Psychological Association Conference

2024

Implications of Personality Differences for Psychotherapy and Supervision with Nancy McWilliams, PhD

Somatic Meditation Training

2024

Jennifer Bonadio, RYT

Indiana School for Psychoanalytic Thought Consultation Group

2023-2024

Matthias Beier, PhD

Spirituality & Psychotherapy Conference

2022

Weaving the Strands of Body, Earth & Soul: Relationship with Nature for Self-care, Consciousness & Connection with Katie Asmus, LMHC

Spirituality & Psychotherapy Conference

2021

The Gift of Active Hope: How altruistic action can nourish mental health with Dr. Chris Johnstone

Spirituality & Psychotherapy Conference

2020

Healing the Wounds of Cultural Trauma: A Psychospiritual Imperative with Rev. Dr. Chanequa Walker-Barnes